



Norfolk Catholic School

Monthly Cal News

January 2019

www.sacredheartnorfolk.com

HAPPY NEW year!!

School resumes January 7th. We are starting our second semester. Report cards are available online. The first semester went extremely well. Let's work together so our children will continue to receive a quality education. Please check lunch balances and dress code.

Absent Students

If your son/ daughter is ill or will be absent please notify the office as soon possible. When returning from an appointment or just arriving at school **please check into the office** . Thanks for your cooperation.

Reminder: No cell phones and electronic watches allowed in the classrooms.

HOPE-- Don't forget to purchase your HOPE cards. An excellent way to help the parish and school.

REMIND

Please use codes below to sign up for the information you want to receive thru the REMIND app or by texting 81010

Elementary - @NCPAR
High School - @ NCHSPAR

Catholic Schools Week

**Learn, Serve, Lead
and
Succeed**

**Catholic Schools
Week
January 27th-
February 2th**

There will be a variety of special activities during this week. Check the announcements for all the details.

Important Dates

Jan. 7th--School resumes
Jan. 11th--Jeans day
Jan. 25th--Mission jeans day
Jan 30--1:30 dismissal

All School Calendar
www.midstatenebraska.org

Counselor Corner

January can be somewhat of a depressing month - the let down of Christmas anticipation, coming off of little structure, and for some the anxiety of returning to school. We are here to help in any way we can, but we also understand that sometimes a person might need to talk to a licensed counselor or health provider. We wanted to include some numbers to reach those that are more experienced in certain mental health issues.

Behavioral Health System Region 4
(402)370-3344
Suicide Prevention Lifeline
1-800-273-TALK (8255)
Boys Town Hotline for Parents & Teens 1-800-448-3000

STATE PATROL

The State Patrol, Gena Jones, gave a great presentation on Internet Safety, Cyberbullying and sexting. For information check out:
NSTeens.org
NetSmartz.org
CyberTipLine.org